## Abstract

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The inventive method makes it possible to communicate between an order transmitter and a bi-directional order transmitter-receiver for controlling elements which ensure the security or comfort of a building. transmission of control orders from the order transmitter to the order transmitter-receiver or from said order transmitter-receiver to other elements is carried out by means of frequency modulated radioelectric signals. Said method is characterised in that in a programming mode, the order transmitterreceiver successively activates and interrupts emission of electric signals traditionally used for communicating in a frequency modulation mode in such a way that it is possible to transmit data to the order transmitter by means of said frequency modulated radioelectric signals.